



Five Star Quality Care, Inc. Joins Russell 2000® and Russell 3000® Indexes

NEWTON, Mass.--Five Star Quality Care, Inc. (AMEX: FVE) today announced that it has been added to the U.S. small cap Russell 2000® Index and the broad market Russell 3000® Index following Russell Investments' reconstitution of its comprehensive set of U.S. and global equity indexes on June 27, 2008. The Russell 3000 Index also serves as the U.S. component to the Russell Global Index.

Russell indexes are widely used by investment managers and institutional investors for index funds and as benchmarks for both passive and active investment strategies. The Russell indexes currently have approximately \$4.4 trillion in assets benchmarked to them.

Five Star Quality Care, Inc. is a healthcare and senior living services company that currently operates independent and assisted living facilities, skilled nursing facilities, rehabilitation hospitals, as well as institutional pharmacies and outpatient rehabilitation services clinics. FVE is headquartered in Newton, MA.

WARNING REGARDING FORWARD LOOKING STATEMENTS

THIS PRESS RELEASE CONTAINS FORWARD LOOKING STATEMENTS WITHIN THE MEANING OF THE PRIVATE SECURITIES LITIGATION REFORM ACT OF 1995 AND FEDERAL SECURITIES LAWS. THESE FORWARD LOOKING STATEMENTS ARE BASED ON FVE'S CURRENT BELIEFS AND EXPECTATIONS, BUT THEY ARE NOT GUARANTEED TO OCCUR AND THEY MAY NOT OCCUR. FOR EXAMPLE: ANY BENEFITS ASSOCIATED WITH INCLUSION ON ANY RUSSELL INDEX MAY NOT HAPPEN. FURTHERMORE, BEING ADDED TO A RUSSELL INDEX DOES NOT GUARANTEE CONTINUED INCLUSION IN THAT INDEX AND WE MAY BE REMOVED FROM THAT INDEX IN THE FUTURE. FOR THESE REASONS, AMONG OTHERS, INVESTORS ARE CAUTIONED NOT TO PLACE UNDUE RELIANCE UPON ANY FORWARD LOOKING STATEMENTS IN THIS PRESS RELEASE.

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