



Five Star Quality Care, Inc. Appoints Bruce J. Mackey, Jr. as President & CEO

NEWTON, Mass.--Five Star Quality Care, Inc. (AMEX: FVE) today announced that it has appointed Bruce J. Mackey Jr. to be its President and Chief Executive Officer to replace Evrett W. Benton who announced today that he is stepping down as CEO, effective May 1, 2008.

Mr. Mackey (age 37) has served as Treasurer and Chief Financial Officer of Five Star since it became a publicly owned company in 2001. As Treasurer and CFO at Five Star, Mr. Mackey has led many management initiatives affecting both finances and operations.

Prior to joining Five Star, Mr. Mackey held various finance positions at Reit Management & Research LLC, a provider of management and administrative services to Five Star. Mr. Mackey was also formerly associated with the Boston office of the accounting firm Arthur Anderson LLP. He is a graduate of the University of Massachusetts Amherst and he is a certified public accountant in Massachusetts.

Mr. Mackey will replace Evrett W. Benton (age 59) who is leaving Five Star to assume important responsibilities with The Church of Jesus Christ of Latter-day Saints. Mr. Benton served as Five Star's President & CEO since it first became publicly owned in 2001. During his tenure at Five Star, Mr. Benton managed the growth of Five Star from a relatively small operator of 54 skilled nursing facilities with annual revenues of about \$229 million into one of the largest providers in the Country of the full spectrum of rehabilitation and senior living services, currently operating two rehabilitation hospitals, 62 outpatient rehabilitation clinics, 49 skilled nursing facilities (4,400 beds), 117 assisted and independent living facilities (14,000 living units) and six institutional and mail order pharmacies. Five Star currently has profitable operations producing annual revenues of approximately \$1 billion and it has approximately 18,000 full and part time employees.

Mr. Benton will work together with Mr. Mackey during a transition period through May 1, 2008. During this period, the Five Star Board of Directors will consider candidates to become Five Star's Treasurer and Chief Financial Officer; both internal and external candidates may be considered.

Conference Call:

On January 31, 2008 at 9:00 a.m. Eastern Standard Time, Evrett W. Benton, and Bruce J. Mackey Jr., will host a conference call to discuss today's announcement. Following the company's remarks, there will be a question and answer period.

The conference call telephone number is (866) 904-6909. Participants calling from outside the United States and Canada should dial (416) 915-8331. No pass code is necessary to access the call from either number. Participants should dial in about 15 minutes prior to the scheduled start of the call. A replay of the conference call will be available through 12:00 p.m. Eastern Time Thursday, February 7, 2008. To hear the replay, dial (719) 457-0820. The replay pass code is 3274413.

A live audio webcast of the conference call will also be available in a listen only mode on the company's web site at www.fivestarqualitycare.com. Participants wanting to access the webcast should visit the company's web site about five minutes before the call. The archived webcast will be available for replay on the company's web site for about one week after the call.

Five Star Quality Care, Inc. is a healthcare services company which operates healthcare and senior living communities. As of today, Five Star owns, leases and operates 166 senior living communities with over 18,400 living units located in 29 states. These communities include independent living, assisted living and skilled nursing communities. Five Star also operates two rehabilitation hospitals and 62 outpatient rehabilitation clinics as well as six institutional pharmacies, one of which also provides mail order pharmaceuticals to the general public. Five Star is headquartered in Newton, Massachusetts.

Conference Call Scheduled for Thursday, January 31 at 9:00 ET

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