



Five Star Announces Election of New Director

NEWTON, Mass.--Five Star Quality Care, Inc. (AMEX: FVE) today announced that Ms. Barbara D. Gilmore has been elected a Director.

Ms. Gilmore is an attorney licensed in Massachusetts and has been since 1982. Ms. Gilmore is also a registered nurse and she practiced and taught nursing for several years before attending law school.

Ms. Gilmore will replace John L. Harrington, who simultaneously resigned as a Five Star Director. Ms. Gilmore will serve the remainder of Mr. Harrington's term which expires at the 2005 annual meeting of Five Star shareholders.

Five Star is a health care and senior living services company which owns, leases and manages nursing homes and other senior living facilities throughout the country.

Five Star Quality Care, Inc.
Evrett Benton, Pres.,
or
Bruce Mackey, CFO
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